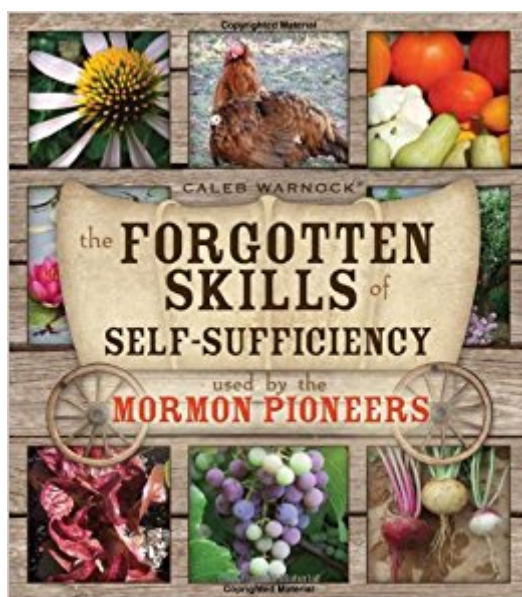


The book was found

The Forgotten Skills Of Self-Sufficiency Used By The Mormon Pioneers



Synopsis

Many people dream of becoming self-reliant during these times of fluctuating prices and uncertain job security. Using truly simple techniques, you can cultivate the pioneer's independence to provide safety against lost wages, harsh weather, economic recession, and commercial contamination and shortages. Strengthen your family's self-reliance as you discover anew the joy of homegrown food, thrift, and self-sufficient living.

Book Information

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Customer Reviews

This book is amazing! It's full of wonderful information that will make you feel as if you are sitting on your great grandmother's couch, listening to her tell of the 'good old days' when growing food at home was their job. Caleb has gathered all the secrets of yesteryear and compiled them in this fabulous book, complete with gorgeous, colorful photos showcasing heirloom fruits and vegetables, as well as how-to's, and so much more. This is a gem everyone should have in their home. Don't forget to check out his other books, before you check out, too. They are equally as informative and fantastic. --Verified ReviewGreat book, I grew up in Utah in a Mormon family so I did enjoy the history in the book which others unfamiliar with Utah's history may not get the brief and vague history shares. It wasn't a very detailed How To book but it left me feeling very inspired to do more resources! I did definitely learn new things and enjoyed the gardening tips. By kiddomarie --Verified ReviewMy husband researched this book on something he was reading about regarding the end of the world. He looked this book up on a recommendation of an article he read. He mentioned

eventually getting this book, so for Christmas this was one of his gifts along with other similar types of books I bought. needless to say he LOVED it. He is the type of guy who wants to be ready in case of an emergency. I recommend this for ANYONE, especially the men in your life who are survival buffs, these are great books! -Elenaadorno --Verified Review

If you have been interested in self sufficiency and doing anything in the space then you probably are not going to find a lot of practical info here. Either you will know it already or it will suggest some clues to start more research and info gathering. As may commenters said, most of this has lots of current info in many self sufficiency mags and articles. Forgotten skills they are not. As any skill takes practice, maybe you are not proficient yet but you know of it nearly as much as described here.

Not all skills have been forgotten because I use many of the things examined in this book, which I found useful in reminding me that I do have a certain degree of self-sufficiency going on here on my acreage. Especially enjoyed the last few chapters on keeping chooks- which I do, it answered some of the queries I had about egg storage. all in all I found this a very useful reference book to have in my library

It talks about how folks did things in the old days, before refrigeration was available. There are ideas in here about how to extend your growing season for your garden that I'm going to have to give a try. It's fun and interesting to read how they managed to have fresh food almost the whole year around.

Not impressed....most info I knew...

I was raised using a lot of ways shown here. The chicken section brought back memories of raising our chickens and how loving they actually were. This is one of the most true to life manuals I have read because the author was raised or had mentors that had done the self-sufficiency way .

Love this book, absolute fantastic!!! Good writing and beautiful color pictures of the vegetables plus some historic information. The delivery was very quick too, 5 weeks before the estimated week! (I ordered from Europe)As a new beginner gardner I became very inspired and started to sow my first vegetables this week . And it is also clearly written in a easy to read style. No difficult language

used. I can really recommend this book to any new gardener!

This book is an excellent resource for folks working toward maximizing their gardening year and for folks working toward a self-sustaining lifestyle. It's full of great tips and tricks - tried and true by people whose lives depended on it. Topics include seed saving, pollination, cellars, cold storage, greenhouses, grapes and fruit trees, perennial vegetables, long-keeping vegetables, chickens, etc. There is no way one book can completely cover all of the topics addressed, so the author has listed other resources that will help answer the questions that you might have. I had a great time exploring types of geothermal greenhouses after reading about the author's. If you're already very knowledgeable about many of these topics, then you might find the treatment too cursory, but if you're just starting out, then I highly recommend this book. I consider myself a skilled summer gardener, but I really learned a lot about winter storage, greenhouses, and extending the gardening year.

This book for me was a great introduction to the inspiring ideas of how to grow a garden and raise chickens in a self-efficient manner I never imagined before. Like growing carrots under snow for example. Or annuals that self-pollinate, with seeds that you can harvest and regrow consistently every year. You can keep things fresh and delicious all year long, even in the winter, also has neat ideas on food storage. This book has made me believe that you can grow food year-round without a greenhouse, and you don't need a giant cellar to store potatoes and such. You can have chickens that you don't need to buy commercial food for, everything just supports itself as long as you take care. Indeed, inspiring, can't wait to not rent anymore so I can exercise these ideas.

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